

# Diploma of Kinesiology

## HLT52415

A photograph showing a person in a grey sweater performing a kinesiology technique on another person's arm. The person being treated has their hand held in a specific position. The background is blurred, showing what appears to be a clinical or training setting.

# Course Description

- ↙ The HLT52415 **Diploma of Kinesiology** offered by KSA provides students with a unique, proven protocol to handle diverse client issues and to be effective kinesiology practitioners. Students are equipped with a comprehensive suite of kinesiology techniques to support their clients, helping them to feel an increase in energy, reducing pain, and alleviating stress. Students are provided with opportunities for personal growth, creating lasting positive differences in their personal lives, and stepping into an exciting and fulfilling career change.

# COURSE OVERVIEW



## Delivered over two years

### In year 1 you will learn:

- To take care of your own energy.
- Communication skills to connect with your clients, ask great questions, and gain insight to recognise patterns of behaviour.
- Muscle testing, energy balancing, and helping the client shift through their issue.
- Anatomy & Physiology at a metaphysical level, energy pathways and body systems and how they can become imbalanced.
- How to keep your clinic workplace safe and free of infection.

### In year 2 you will learn:

- Advanced regional muscle protocols, joints, and ligaments.
- Advanced emotional and spiritual techniques to free your clients of limiting beliefs and sabotage programs.
- Vibrational energies, chakras, and auras.
- How to work with allergies and sensitivities, liver function, and processes to support adrenal response.
- Brain integration and learning enhancement.



## Course Delivery

### Bundaberg Campus:

- Weekly Face to face Classroom + Supervised Clinics + Online

### Hervey Bay Campus:

- Weekly Virtual Classroom + Face to Face Practicals + Supervised Clinics + Online

### Byron Bay Campus:

- Weekly Virtual Classroom + Face to Face Practicals + Supervised Clinics + Online



## Learning and Assessment

- **Instructor Led Learning:** 1 day per week for 2 years  
9am - 4pm Scheduled weekly
- **Practical Homework Tasks:** 6-8 hours per week  
Personal self-care routines, Practical exercises
- **Online Assessment and Learning:** 8 -10 hours per week  
Self-paced learning, Case study report writing, research, business planning
- **Supervised Student Clinic:** 50 hours
- **Practical Assessment Days**
- **Monthly 1:1 Mentoring:**  
Booked individually with Mentor

# QUALIFICATION OVERVIEW

## Units of Competency



### 13 Core Units

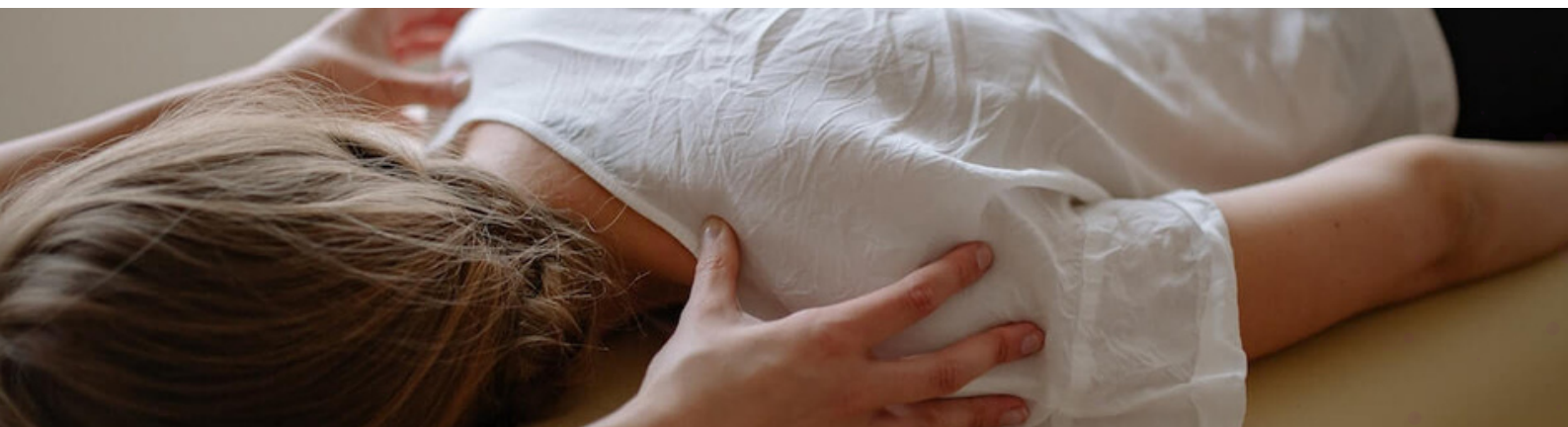
- CHCCOM006 Establish and manage client/practitioner relationships
- CHCDIV001 Work with diverse people
- CHCLEG003 Manage legal and ethical compliance
- CHCPRP003 Reflect on and improve own professional practice
- HLTAAP003 Analyse and respond to client health information
- HLTAID011 Provide First Aid
- HLTHPS010 Interpret and use information about nutrition and diet
- HLTKIN001 Develop kinesiology practice
- HLTKIN002 Conduct indicator muscle monitoring
- HLTKIN003 Perform kinesiology assessments
- HLTKIN004 Provide kinesiology balances
- HLTKIN005 Monitor and evaluate client progress
- HLTWHS004 Manage workplace health and safety practices

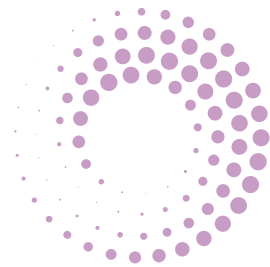
### Elective Units Business Management

- BSBSMB403 Market the small business
- BSBSMB404 Undertake small business planning

### Other Electives:

- CHCMHS001 Work with people with mental health issues.
- SIRXPDK003 Advise on health and nutritional products and services –
- CHCPOL003 Research and apply evidence to practice
- HLTINF007 Implement and monitor infection prevention and control policies and procedures





# What will I get out of it?

Upon successful completion of the HLT52415 Diploma of Kinesiology, you will:

- Be trained as a competent and confident Kinesiology practitioner with a nationally accredited qualification allowing you to begin the career of your dreams.
- Have all the skills and know-how to run your own kinesiology clinic working the hours and days you chose.
- Have experienced personal growth in a supportive environment, creating positive change in every aspect of life and living your true authentic self.

Students may contact the Australian Kinesiology Association (AKA) [www.aka.asn.au](http://www.aka.asn.au) to begin their **free student membership**. This gives you access to their quarterly kinesiology magazine called In Touch, lots of valuable resources on their website, and opportunities to link into kinesiology networks.

There are three main industry bodies relevant to kinesiology. Upon completion of the Diploma of Kinesiology, graduates can register as a Kinesiology Practitioner with any of the following industry associations:

**Australian Kinesiology Association Inc. (AKA)**

**Australian Institute of Kinesiologists (AIK)**

**Australian Traditional Medicine Association (ATMS)**

Learners may also participate in Continued Professional Development (CPD) at an advanced kinesiology level such as the ICPKP Advanced Units.



## Entry Requirements

- Personally experienced a PKP Kinesiology balance.
- Minimum enrolment age - 17 years (must be 18 years of age before participating in Supervised Student Clinic).
- Participate in a pre-enrolment interview.
- No minimum education standard is set as a prerequisite for entry to this course.

### **Language, Literacy, and Numeracy (LLN)**

All prospective students must complete an LLN evaluation assessment (found on the [KSA website](#)) to ensure they have the skills required to successfully complete the diploma.

# Required Resources

## Here's what you'll need...

### For the Classroom:

- Smartphone or device to access PKP textbooks.

### Online Students:

- Computer or device with a camera and microphone suitable for participating in Zoom video conferencing

### To complete self-paced learning:

- Access to a computer and internet
- The following textbooks are required:
  - Human Anatomy & Physiology [Global Edition], Elaine Marieb, Katja Hoehn, 12th edition ISBN: 9781292421803
  - Energetic Kinesiology: Principles and Practice, Charles Krebs, Tania McGowan
  - The Crystal Bible: A Definitive Guide to Crystals, Judy Hall
  - Schuessler Tissue Salts Handbook
  - Nutrition text TBA

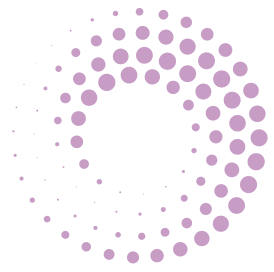
### For your home clinic:

- A safe clinic workspace including a space for private consultations (may be in the home or a business premises but must meet the assessment conditions set out in the Home Clinic Checklist).
- A massage table, linen, hand sanitiser, PPE (masks and gloves),
- Access to a printer or photocopier for printing client forms.
- People to practice on (3 clients each week of Term, minimum of 40 clients of various backgrounds)
- A current First Aid certificate (HLTAID011). Students must complete their first aid externally.
- **Optional:** Wall Charts for your clinic space, various self-help books including affirmation lists. Ask us about suppliers and resources.

### For your practitioner self-care:

- One personal kinesiology session with a registered practitioner each Term (at your expense).

# Course Fees



## DIPLOMA - Full Time Study (Complete by December 2025)

Your total financial commitment for this course is \$21,100 if completed in two years.

### Deposit Due on Enrolment

To get started with your study, a deposit of \$1,500 is required (which includes a non-refundable enrolment fee of \$395)



### Payment Plans Available:

1

#### Monthly Option

20 x monthly payments of \$980 due 1st each month

2

#### Weekly Option

100 x weekly payments of \$196 due starting week two

### Direct Deposit Payments to:

Comm Bank  
Kinesiology Schools Australia  
BSB: 064 426  
ACC: 1060 7799  
Your Name as Reference




# Eligible for RPL or Credit Transfer?

If you have completed other qualifications, or have experience, knowledge, and skills acquired through informal learning or previous employment, you may be eligible for recognition of prior learning or credit transfer. [More information](#) can be found on the KSA website.

## Refund Policy

Students may be entitled to a refund of course fees depending on when the application for withdrawal is received and the circumstances prompting a withdrawal. The student is not entitled to a refund on any course material received prior to the student withdrawing. Students are required to put any request for a refund of course fees in writing.

Where a refund application is received:	Students will receive:
More than 21 days prior to the commencement of course	A refund of the fees paid less a \$395 non-refundable deposit and any home-study or course material received.
Less than 21 days prior to the commencement of course	A refund of the fees paid less the non-refundable annual enrolment fee (\$395) and any home-study or course material received. An additional administration fee of \$715 may be charged.

 [Additional information on the website](#)

## Withdrawal after commencement of training

Once training has commenced for the course, the scheduled payments match the value of the service and the materials issued, so no refund is available to students who wish to withdraw. If students have received course materials and tuition that exceeds their payments to date, the amount outstanding is payable by the student.

## Cancellation of Course

Should the RTO cancel a course, students are entitled to:

- a refund of fees for the home study units not yet received or workshops not attended.
- transfer of funds to another future course.

In this event, students will be given their preferred option.

# Bundaberg Campus Training Schedule 2024 - 2025

All classes delivered face to face at the Bundaberg Campus

## Year 1 - 2024

**Term 1** - Tuesdays: 6 Feb - 26 Mar  
Practical Assessment - Mon 18 Mar

**Term 2** - Tuesdays: 16 Apr - 18 Jun  
Supervised Student Clinic - Mon 22 Apr  
Supervised Student Clinic - Mon 20 May,  
Practical Assessment - Mon 17 Jun

**Term 3** - Tuesdays: 9 Jul - 10 Sep  
Supervised Student Clinic - Mon 15 Jul  
Supervised Student Clinic - Mon 19 Aug

**Term 4** - Tuesdays: 1 Oct - 10 Dec  
Supervised Student Clinic - Mon 21 Oct  
Practical Assessment - Mon 18 Nov

## Year 2 - 2025

**Term 1** - Tuesdays: 4 Feb - 1 Apr  
Supervised Student Clinic - Mon 24 Feb  
Supervised Student Clinic - Mon 17 Mar

**Term 2** - Tuesdays: 22 Apr - 24 Jun  
Supervised Student Clinic - Mon 28 Apr  
Practical Assessment - Mon 19 May  
Supervised Student Clinic - Mon 16 Jun

**Term 3** - Tuesdays: 15 Jul - 16 Sep  
Supervised Student Clinic - Mon 21 Jul  
Practical Assessment - Mon 18 Aug  
Supervised Student Clinic - Mon 15 Sep

**Term 4** - Tuesdays: 7 Oct - 9 Dec  
Supervised Student Clinic - Mon 20 Oct,  
Practical Assessment - Mon 17 Nov

**Final Exam Tuesday 9 Dec 2025**





# Hervey Bay Campus Training Schedule 2024 - 2025

Weekly Thursday classes delivered in a virtual classroom 9am - 4pm.

## 2024 Thursdays:

### Term 1:

Feb 29, Mar 7, Mar 28, April 4, April 11, April 18

### Term 2:

May 2, May 9, May 30, June 13, June 20, June 27,  
July 4, July 11,

### Term 3:

Aug 1, Aug 8, Aug 15, Aug 22

### Term 4:

Oct 3, Oct 10, Oct 17, Oct 24, Oct 31  
Nov 7, Nov 14, Dec 5, Dec 12

## 2025 Thursdays:

Specific dates to be advised

## Practical Intensive Dates

These On-campus face to face days are scheduled every second month.  
Each Intensive Block runs Thursday to Saturday, 9am - 4pm in Hervey Bay.

Classes build on the lessons delivered online, including classroom demonstrations and practise sessions, opportunities for questions and feedback, practical assessments, and Supervised Student Clinic.

### Year 1 - 2024

Thur, Fri, Sat  
Mar 14, 15, 16  
May 16, 17, 18  
Jul 18, 19, 20  
Sep 19, 20, 21  
Nov 21, 22, 23

### Year 2 - 2025

3 day blocks:  
Thur, Fri, Sat.  
Dates to be confirmed  
Feb, Apr, Jun, Aug, Oct, Dec

# Byron Bay Campus Training Schedule 2024 - 2025

Weekly Thursday classes delivered in a virtual classroom 9am - 4pm.

## 2024 Thursdays:

### Term 1:

Feb 29, Mar 7, Mar 28, April 4, April 11, April 18

### Term 2:

May 2, May 9, May 30, June 13, June 20, June 27,  
July 4, July 11,

### Term 3:

Aug 1, Aug 8, Aug 15, Aug 22

### Term 4:

Oct 3, Oct 10, Oct 17, Oct 24, Oct 31  
Nov 7, Nov 14, Dec 5, Dec 12

## 2025 Thursdays:

Specific dates to be advised

## Practical Intensive Dates

These On-campus face to face days are scheduled every second month.  
Each Intensive Block runs Thursday to Saturday, 9am - 4pm in Byron Bay.

Classes build on the lessons delivered online, including classroom demonstrations and practise sessions, opportunities for questions and feedback, practical assessments, and Supervised Student Clinic.

## Byron Bay Intensive Dates to be confirmed

### Year 1 - 2024

Sun, Mon, Tue  
9am - 4pm  
Mar 21, 22, 23  
May 23, 24, 25  
Jul 25, 26, 27  
Sep 26, 27, 28  
Nov 28, 29, 30

### Year 2 - 2025

3 day blocks: Sun, Mon, Tue.  
Dates to be confirmed  
Feb, Apr, Jun, Aug, Oct, Dec

# Ready to Enrol?



Attend a kinesiology session if you haven't already experienced this healing.

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Read this prospectus. Check class dates and resources required.

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Contact us to arrange your Pre-enrolment Interview by phone, zoom or in person.

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Complete the Enrolment Form and RPL documents. Post or email to KSA.

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Download and complete the Language, Literacy and Numeracy (LLN) Evaluation. Upload or email to KSA.

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Next, pay your deposit to hold your position in the class.

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On receipt of your deposit, KSA will send your **Acceptance Letter**, the **Student Handbook**, and course manual.

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## Postal Address

12 Porter St, Point Vernon, Qld 4655

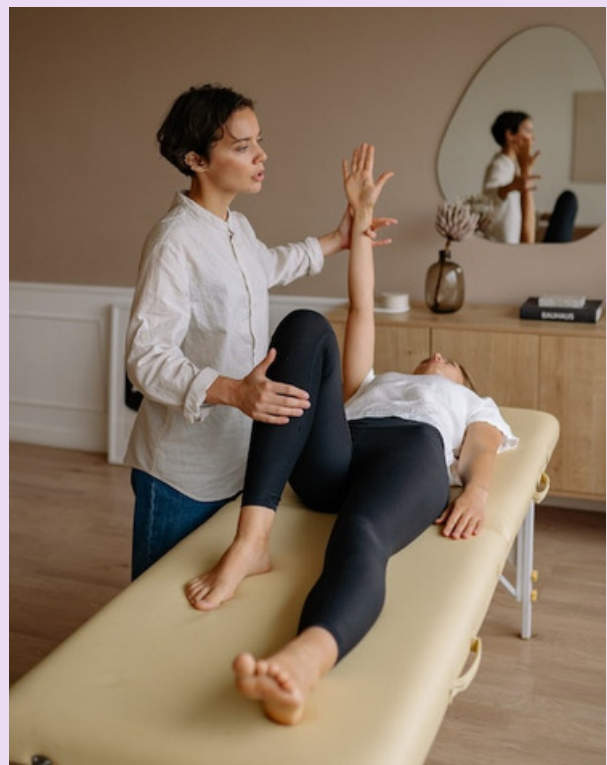
## Email KSA

admin@kinesiologyschoolsaustralia.com.au

## Phone

Susan - 0407 139 684

Megan - 0490 880 314





# ABOUT KINESIOLOGY SCHOOLS AUSTRALIA

RTO 30916

KSA was established as a Registered Training Organisation in 2002 to provide nationally accredited, professional training in kinesiology in Australia. In 2023 we offer face to face training in Bundaberg and Hervey Bay, QLD, online training with practical classes in Hervey Bay, QLD and Byron Bay, NSW.

KSA offers you quality training covering a wide variety of amazing Kinesiology techniques that reduce pain and stress and help bring about feelings of peace and harmony. This is an awesome gift to be able to offer, not just your friends and family, but your future clients as well.

We teach the highly successful unique Professional Kinesiology Practice (PKP) protocol that has been proven through time by many practitioners. With this step-by-step process you can feel confident to handle whatever issue your client presents with, and you will know when it is best to refer your client on to other professionals for specialised help and healing.

During your learning journey with KSA you will have the opportunity to experience personal growth in a small close-knit supportive community, tapping into the personal mentoring and support offered by experienced teachers and mentors.

We provide unparalleled student support and a helpful environment for students to learn, grow, and develop. Students are encouraged to ask questions or seek support and feedback whenever they have a concern.

[Visit our FAQ page for more information](#)

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I have studied with a few different teachers and I have found Susan's teaching methods to be outstanding. She makes things simple to understand, implement, and put into practice. She personally cares about her students. It is also my belief that IPCKP Kinesiology is one of the most effective and comprehensive modes of Kinesiology available to us today.

[Kelly Walker](#)



# Campus Information



## Hervey Bay

Level 1 / 54 Torquay Rd,  
Pialba, QLD 4655

## Phone Number

Susan: 0407 139 684

## Email

[susan@learn-kinesiology.com](mailto:susan@learn-kinesiology.com)

## Bundaberg

16 Sims Rd,  
Walkervale, QLD 4670

## Phone Number

Megan: 0490 880 314

## Email

[megan@libertyhealing.com](mailto:megan@libertyhealing.com)

## Byron Bay

28 Seaview St,  
Byron Bay, NSW 2481



## Email

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[www.kinesiology-schools-australia.com.au](http://www.kinesiology-schools-australia.com.au)